

GRIEF - INFORMED HEALTHCARE



THE MANY FACES OF GRIEF

Exploring the essence of grief and its pervasive presence in our lives, especially as healthcare professionals. Delving into the delicate balance between emotions and professional responsibilities, understanding how managing them impacts burnout.



CREATING SPACE FOR GRIEF

Providing support to clients or patients often involves navigating complex emotions that can be challenging to address within the confines of your professional role. How can you effectively acknowledge and respect the grieving process through both verbal articulation and compassionate gestures?



CULTIVATING HEALTHY BOUNDARIES

Healthcare workers pride themselves on confidentiality and privacy and this often makes it difficult to speak about your own emotional experiences at work. How do you cultivate healthy relationships outside of work without burdening the people you love with difficult stories and experiences.



HONOURING YOUR JOURNEY

With Grief as our compass, we look to align with what empowers us to live deeply pleasurable lives. We dive into our passions and desires to align these to a purposeful vocation without burning out or shutting down. We walk through intentional practices you can integrate into your day.



ABOUT GRIEF ADVOCACY

Grief Advocacy stems from a deep respect for honoring healthcare grief. We believe grief doesn't require healing; it stands as one of our most noble experiences, much like your profession. We do however, need to heal our relationship with it. It's the compass that guides us to our vocation in the first place. We have been supporting healthcare workers for over 5 years both in-person and online. We have had the pleasure of working across North America and have multiple programs designed for healthcare workers specifically.

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GRIEF ADVOCACY, INC
WWW.GRIEFADVOCACY.COM

By nurturing a kinship
with grief, we foster a
profound reverence
for the splendour of
life.

PROGRAM DETAILS

DELIVERY:

- This program can be delivered in-person over multiple sessions. Or customized to online delivery
- Can be customized to your workplace and the specific audience.
- Full Program delivery 6 hours
- Price varies on attendees, location and customizations

PROGRAM GOALS

- Cultivating personal grief care
- Creating connections in hard things
- Honouring your emotional wellness
- Creating a Community of Care at Work
- Delivering the best Patient Experience
- Shifting Emotional Capacities
- Supportive language and actions in patient crisis.

"You are more than partners, you are family and I'm not sure how we would have made it through the pandemic without you."

Patti Fetter, VP, Operations Revera Canada